

When was the last time you had a chance to save a life? The simple act of donating blood gives you this opportunity!

It takes less than one hour of your time every few months to save lives by sharing your life-giving blood with others who really need it.

SAVE LIVES

...donate blood.

Blood and blood products are needed 24 hours a day, 365 days a year for emergencies, surgeries, organ transplants and to treat burns, injuries, heart disease, sickle cell anemia and other medical conditions.

Ninety-five percent of us who live to age 72 will need blood or blood products at some point in our lives, yet only five percent of the population donate blood on a regular basis.

BLOOD — IT CAN ONLY COME FROM DONORS LIKE YOU. PLEASE HELP BY BECOMING A REGULAR BLOOD DONOR.

**BLOOD CANNOT BE MANUFACTURED
NOR ENGINEERED; BLOOD IS ALL
NATURAL AND THE ONLY SOURCE IS
YOU, THE VOLUNTEER DONOR.**

BLOOD

...the gift of life.

Every time you donate, you are helping to give another person a chance at life. In fact, your donation can save the lives of up to three people because blood can be separated into several crucial components; red blood cells, plasma, cryoprecipitate, and platelets.

With your donation, you can help save the life of a neighbor, friend or family member who suffers from a disease, accident or who is undergoing a surgical procedure.

YOU CAN HELP SAVE LIVES JUST BY DONATING BLOOD.

IT'S THAT SIMPLE.

BECOME A DONOR

...it's safe,

...it's easy,

...and it saves lives.

You cannot get HIV/AIDS or any other disease from donating blood. The Blood Center uses only new sterile needles and supplies. They are only used once for each donor and then safely discarded.

To ensure the blood supply is as safe as possible, only volunteer donors are accepted. Additionally, every unit of blood we collect is tested for infectious diseases, including hepatitis and HIV. Your blood will be typed as well.

**YOU CAN GIVE A PINT OF WHOLE
BLOOD EVERY EIGHT WEEKS. AN
AVERAGE ADULT HAS 10 TO 12
PINTS OF BLOOD.**

When you donate, you go through a safe, four-step process that takes less than an hour.

REGISTRATION > A simple information process during which you are asked your name, address and social security number.

A photo ID or two other forms of identification are required.

MEDICAL HISTORY INTERVIEW & MINI-PHYSICAL > These procedures make sure that giving blood will be safe for both you and the recipient of your blood. You will be asked a series of confidential questions about your medical history. In addition, your temperature, blood pressure, red cell level, and pulse rate will be checked.

DONATION > This part of the process takes only five to ten minutes.

REFRESHMENTS > You will be offered some juice to help your body begin to replace the fluids lost in the donation process.

YOU, TOO, CAN SAVE LIVES.

YOU ARE ELIGIBLE TO DONATE BLOOD IF YOU:

- > Are 17 years of age or older.
(A 16-year-old may donate blood in Illinois with written permission or authorization from his or her parent or guardian.)
- > Weigh 110 pounds or more.
- > Are in general good health.
- > Present an identification card, such as a driver's license.

If you are currently taking medication, it may not affect your ability to donate; many medications are acceptable to take and still donate.

Please call the Blood Center at 217.753.1530, if you are unsure of your eligibility to donate.

The Central Illinois Community Blood Center is conveniently located so you can donate blood on a regular basis.

> 1134 S. Seventh St., Springfield, IL 62703

CALL FOR AN APPOINTMENT:

(217) 753-1530

> Monday: 9am to 6pm

> Tuesday–Thursday: 7am to 6pm

> Friday: 8am to 4pm

OR:

> 5 Club Centre Ct., Ste. B, Edwardsville, IL 62025

(618) 659-0542

LOCATIONS

...of the Blood Center.

The Blood Center operates a Bloodmobile unit with equipment that can be set up in your facility and also a self-contained unit that can be parked at your location. Call the Blood Center for an appointment to schedule a Blood Drive at your business, church, school or in your community. It's an easy way to help save lives, and we'll assist you in planning your event. Materials are available to promote your blood drive and recruit donors; dates and times are set for your convenience.

BLOOD CENTER

...services.

In addition to collecting, processing and distributing blood, the Blood Center provides the following special services:

APHERESIS DONATION > A special donation process that removes a particular blood component, usually platelets.

AUTOMATED DOUBLE RED CELLS > A special process that removes two units of red cells and replaces the other components.

REFERENCE LABORATORY > Identifies rare donors and solves patient crossmatching problems.

THERAPEUTIC PHLEBOTOMIES > To treat certain blood disorders and are provided free to patients with hemochromatosis.

THERAPEUTIC PROCEDURES > Plasma exchanges and injections of blood derivatives.

The Blood Center offers educational opportunities through our Speakers Bureau, which can present information to groups, businesses and schools, specific to the group's needs, and also through *My Blood, Your Blood*, an educational program for junior high and high school students.

ABOUT

...the Blood Center.

The Central Illinois Community Blood Center, a not-for-profit organization, was founded in 1971. Today, the Blood Center works toward collecting more than 44,000 units of blood annually. More than 800 donors are needed each week to meet this need.

Blood is given by volunteer donors. Hospitals are charged only a processing fee to cover the cost of recruitment, collection, processing, testing, distribution and equipment.

The Central Illinois Community Blood Center is the sole provider of blood and blood products to patients of hospitals in Bond, Christian, Greene, Logan, Macoupin, Madison, Menard, Montgomery, Morgan, Pike, Sangamon, Scott, St. Clair and Tazewell counties.



**CENTRAL ILLINOIS
COMMUNITY BLOOD CENTER**
give what's in your heart.

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DONATE BLOOD.



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